

Trimbos-instituut

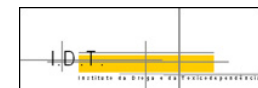
Netherlands Institute of Mental Health and Addiction

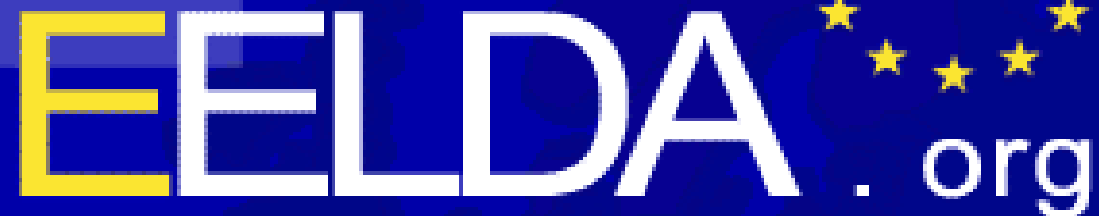
Evidence-based Electronic Library on Drugs & Addiction

www.eelda.org

Free website with reliable information
for professionals

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EELDA . org

Evidence-Based Electronic
Library on Drug Addiction

- Trimbos-institute - Netherlands
- Instituto da Droga e da Toxicodependência – Portugal
- DrugScope – UK
- The project is funded by the European Commission (DG Health)

Do we need a database ?

Professionals want to provide the most effective treatments or prevention interventions
They need accurate and up-to-date information

Problem:

- Professionals do not have enough time to keep up with scientific developments
- Internet: overload of information
but not all of this information is accurate, unbiased or based upon the latest insights from research and practice.

EELDA site

Provides

- The most important information on drugs and addiction on one site
- Only includes high quality information
- Information is unbiased and neutral
 - The goal is information dissemination, not prevention
 - Describes contradicting results, pro's and con's of studies
- User-friendly summaries for professionals

Advantage website

Internet

- Easy accessible, low threshold
- Free of charge
- Large group of potential users
- Scientific information is global, not national
- Information also accessible to lower income countries (to start e.g. in libraries)
- However, not everybody has (good) internet access at work

Possible questions

- Can cannabis cause psychosis in users ?
- Is smoking cannabis during breast-feeding harmful for the baby ?
- Can cannabis effectively diminish symptoms of multiple sclerosis ?
- What treatments are available for people with problematic cannabis use?
- Are short and long term intervention's equally effective in reducing cannabis use?

Approach

Information for the EELDA database is collected and appraised using protocols for Evidence Based Medicine.

The development of EELDA content is

- systematic,
- structured,
- transparent,
- includes a number of safeguards to achieve a high quality content

Content building

1. Which topics do we include
2. Formulate search question
3. Literature search (data specialists)
4. Critical appraisal
5. Authoring
6. Expert review
7. Panel review

Information on site

Information arranged by drug

- Background information
- Effects
- Risks
- Identification and Diagnosis
- Prevention
- Treatment
- Glossary

Future plans


Elaborate number of substances

- phase I: XTC, cocaine, cannabis
- phase II: alcohol, tobacco, opiates, amphetamines, other club drugs, poli-drug use

New partners?

Translation content:

- phase I: Dutch, Portuguese;
- phase II: French, German, Spanish,...

The background features a dark blue map of Europe with the twelve yellow stars of the European Union flag arranged in a circle over it. On the left side, there are several overlapping squares of various shades of blue and white, some with a dotted pattern. The text 'EELDA . org' is prominently displayed in the center, with 'EELDA' in white and the first 'E' in yellow, and '. org' in white.

EELDA . org

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Library on Drug Addiction

Spring 2005 www.eelda.org
open for the public !